

# Adult Specialty Clinics

**Ages 16 and older**



**Winter 2015**

## Cardio Tennis

This fast-paced Tennis aerobics class is full of Tennis drills and games all set to music; a great workout for all ability levels. Class fees are based on the number of classes held during the six-week sessions.

\*No class 1/19 or 2/16.

42399	M	1/5-2/9*	8-9 p.m.	\$45	KRC
42400	W	1/7-2/11	8-9 p.m.	\$54	KRC
42404	Sa	1/10-2/14	10-11 a.m.	\$54	KRC
42401	M	2/23-3/23*	8-9 p.m.	\$45	KRC
42402	W	2/18-3/25	8-9 p.m.	\$54	KRC
42403	Sa	2/21-3/28	10-11 a.m.	\$54	KRC



## Adult Tennis Camps:

These one-day, 2½-hour classes develop stroke improvement and strategy for singles and doubles play. Fee: \$30.

42415	Sa	1/17	3:30-6 p.m.
42416	Sa	2/14	3:30-6 p.m.
42417	Sa	2/28	3:30-6 p.m.
42418	Sa	3/14	3:30-6p.m.

## Ball Machine Drills:

Commit your strokes to muscle memory by hitting more balls than you ever imagined in these one-hour drill clinics. 6-week sessions.

42409	T	1/6-2/10	9-10:30 a.m.	\$72
42405	T	1/6-2/10	7-8 p.m.	\$54
42406	Th	1/8-2/12	7-8 p.m.	\$54
42410	T	2/17-3/24	9-10:30 a.m.	\$72
42407	T	2/17-3/24	7-8 p.m.	\$54
42408	Th	2/19-3/26	7-8 p.m.	\$54

## Starter League for Adults:

This program will assist beginner level players in establishing comfort with playing recreational Tennis. Instructor arranges singles and doubles matches, and assists players with positioning, scoring and strategy. Six-week sessions.

\*No league play 1/19 or 2/16.

42411	M	1/5-2/9*	8-9:30 p.m.	\$60
43044	W	1/7-2/11	8-9 p.m.	\$54
42412	Sa	1/10-2/14	11 a.m.-12:30 p.m.	\$72
42413	M	2/23-3/23*	8-9:30 p.m.	\$60
43045	W	2/18-3/25	8-9 p.m.	\$54
42414	Sa	2/21-3/28	11 a.m.-12:30 p.m.	\$72



**Advance Registration is Required**  
**Register online at:**  
[www.tempe.gov/brochure](http://www.tempe.gov/brochure)



**Kiwanis Recreation Center**  
 6111 S. All-America Way  
 Tempe, Ariz. 85283

**480-350-5201**  
 480-350-5050 TTY  
[www.tempe.gov/tennis](http://www.tempe.gov/tennis)